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# Essential

## ALGARVE

### Cruise in style

Where to charter the  
best luxury yachts

Onde alugar os melhores  
lotes de luxo

### Ao ritmo do Verão

Essential summer style, wine,  
food, entertainment and more!


O essencial para o Verão em moda, vinho,  
gastronomia, eventos, escapadelas e mais!

### Win!

A stay on the  
Alentejo coast

Ganhe uma estadia  
na costa alentejana





# Country and coast

A RURAL RETREAT WITH AN OCEAN VIEW

**UM REFÚGIO RURAL COM VISTA PARA O MAR**

TEXT & PHOTOS: PAUL BERNHARDT

## Essential Escape

**T**he azure, whitewashed, double-worm that make up the majority of the accommodations in Ferrel de Bains afford two very pleasant views. To the west, the windows open out across a terrace, a rich garden and an undulating plain to the blue Atlantic that recedes in the distance. To the east, the landscape is painted, dotted here and there with farm buildings, outcrops and herds of dew-eyed dairy cattle.

In Gât, Ferrel de Bains de Bains is part of a working farm and as such is categorised as Turismo Rural. Situated within the boundaries of the protected Parque Nacional do Sudoeste Alentejano e Costa Alentejana nature reserve, the buildings architecture is typical of the region, low, long and solid with the traditional blue tones. Doors and windows are framed with bands of marigold.

In spring the surrounding fields are blanketed with an astonishing variety of tin flowers, a gamut of vivid colours and intoxicating perfume. A morning, variable in the east takes one through this richly hued patch

scouted by dancing butterflies and floating paramecia. Occasionally a cuckoo two-tone call will float on the air as collared with the whining, pinky-ill, well-halves moths. Further on, the halcyon persistence of cow bells echo in dense unison above the sigh of the sea that creeps up on you like a cat in the night.

At waters edge, peepstons, sand-blown (Mits) mops and mud castles in equal measure. This is the domain of the gull, the wader, the falcon and – strangely – the white stork. These graceful birds have chosen to nest on the narrow schist ledges and the inaccessible peninsulas make for secure plots of avian real estate.

The nearby beaches of Carralhal, Alentejo and Zambujal de Mar are popular in summer but for the rest of the year remain wonderfully bereft of activity, except for wily surfers who find the genuine Atlantic swell an irresistible challenge.

At dusk on clear evenings the falling twilight paints an idyllic wash across the

**O**n quiet days megaliths and castles queir, contigam a maioria das paisagens da variedade do Sudoeste de Bains, vista magnífica. Para quem a cidade alentejana apresenta sempre um jardim bem cuidado e um parque sempre ao ar. Histórico and que não está ao longe. A vida e paisagem é bastante bonita, mesmo e maravilhoso de quem quiser se conhecer.

De facto a variedade de Ferrel de Bains parte de uma arquitetura e como tal é caracterizada pelo Turismo Rural. Situada dentro dos limites do Parque Nacional do Sudoeste Alentejano e Costa Alentejana natureza e típica do regime rural, construída com a madeira que tradicionalmente é usada para a construção de colectores de feno, as construções tradicionais incluem uma variedade de elementos de preparação para a vida de quem vive de perfume natural. Uma característica típica de este tempo é a presença de tinhas de madeira que servem como suporte de trabalho para quem se dedica ao artesanato de madeira. De serem quando o inverno de



THE PARADISE  
ENTRANCE AT DUSK



